

Health & Hope Foundation

2018 Year in Review

Health & Hope Foundation helps to break the cycle of poverty for women and children in Tanzania by providing healthcare, education, and economic opportunity.

Letter from the Director



HEALTHCARE, EDUCATION, WOMEN'S EMPOWERMENT

In 2018, YOU delivered healthcare services, education and women's empowerment to over 3,000 men, women and children in Tanzania.

We held healthcare clinics in Mwanza and Bunda. Our dental and vision teams treated a total of 1,347 patients. We held our **first** Women's healthcare clinic; care was provided to 181 grateful girls and women.

We could have not offered this level of service without the generosity and the gifts of time and talent of our all-volunteer US healthcare team. The volunteers who travel to Tanzania pay their own travel expenses: airfare, lodging and meals.

With your help we distributed 80 high quality backpacks to Tumaini Tutor students of all levels. The backpacks included school supplies and math sets. Textbooks were added to our lending library for 109 students. Approximately 10,000 meals were provided to 35 of the most undernourished children.

Our Women's Business Group helped to lift Women and the households they support with micro-loans and business lessons. 45 woman-led households were strengthened by

their increased business diversity. Additional market stalls were opened where eggs, grains, fruits, vegetables, poultry, and fish are sold.

Access to safe drinking water is an ongoing part of our community responsive efforts. This year HHF contributed 50 Field Microbiology Water Tests (EC-kits) and 3 MSR 200 E Chlorination Systems to the communities we serve in Tanzania.

Our volunteers assembled 565 washable feminine hygiene kits. Our healthcare teams distributed the kits via our healthcare clinics and with outreach to schools and maternity wards.

Because we are an all-volunteer organization, we can keep our operational overhead very low. In 2018 we dedicated 94% of the money we raised to programs and the communities we serve.

Thank you for your commitment. Thank you for your financial generosity. Thank you for showing how much you care.

With the deepest regards,
Loree Bolin, DDS

Director, Health & Hope Foundation



www.healthandhopefoundation.org



OUR PROGRAMS

Healthcare Outreach

Our portable healthcare clinics bring dental, vision, women's care and community preventative services to rural and impoverished communities in Tanzania which otherwise lack access to healthcare services.

Women's Business Group

Our Women's Business Program provides Tanzanian women with microloans, business education and guidance, so that they can develop sustainable sources of income. Their businesses focus on sales of poultry and eggs, baked goods, dried fish, cereals and produce.

They are female head of household, supporting multiple children.

Sponsorships to Attend Public School

To attend public school in Tanzania, children must have uniforms, shoes, books, money to pay for tests and other expenses.

HHF Sponsors cover the costs of uniforms, shoes, supplies, books, testing fees, transportation and meals.

Tumaini Tutor School: Mwanza, Tanzania

We operate Tumaini Tutor School for orphaned and impoverished children so that they have free access to tutoring services, computer labs and lending libraries.



FINANCIALS

REVENUE

78% Donations

22% In-Kind Donations: Volunteers

EXPENSES

6% Operations

51% Healthcare Outreach: Mwanza, Bunda

40% Tumaini School & Education Support

4% Other Programs

94% Spent on Programs

