

POST MISSION REPORT

Dental Outreach Mission

Conducted at Ramot Primary School- Ramot, Santol, La Union, Philippines

Conducted On April 14 and 15, 2017

Conducted By Health and Hope Foundation Phil. Volunteer Team in support by Yahweh's Grace Ministry Phils. And Full Gospel Faith Temple.

Hosted by the Barangay Government Unit of Ramot headed by barangay Captain Mr. Aniceto Esteban.

Mission Venue was conducted at Ramot Primary School headed by the School Head Mrs. Imelda Tamang.

Safety and Security Support also was extended by the La Union Provincial Public Safety Company (2nd Maneuver PLTN).

Other Community residents, health workers and Church Volunteers also hosted the in-house accommodation of Volunteers and the food preparations.

Services to the Community rendered are as follows:

1. Dental(Health and Hope Foundation Phil.Volunteers)

- admission and check-up
- dental cleaning for adults and children
- fluoride application to children
- dental extraction to adults and children
- medicines(pharmacy)
- toothbrushes to children and teen agers

2. Spiritual Counseling (Full Gospel Faith Temple)

- spiritual advice and prayer for the patients before proceeding to the respective areas of health concerns.
- assisted in the admission and queuing of patients.

3. Other Services (Yahweh's Grace Ministry Philippines)

- Photography and documentation
- spiritual track magazines and bibles for distribution to patients
- haircut
- therapeutic massage
- wound care and management

4. Community and Church Volunteers with volunteer community health workers

- assisted in admission area, sterilization of dental instruments

5.La Union Provincial Public Safety Company

- Security and safety for the volunteers and patients during the mission.

Total number of patients served during the two day mission: 370 patients (over all account)

FINANCIAL REPORT

Fund Sent from HHF main office: \$516.00 at PHP49.00 per \$1. = PHP 25, 284.00

Breakdown of Expenses(all in peso amount)

Dental and Other Supplies:

-4 box amoxicillin 500 mg capsule: 1,000.00

-2 box amoxicillin 250 mg capsule: 450.00

-6 box ascorbic acid 500 mg tablet: 750.00

-3 box ascorbic acid 100 mg tablet: 300

-3 box paracetamol 500 mg tablet: 180.00

SUBTOTAL: 2,680.00

-1 rim short bond paper for printing of admission forms: 300.00

-1 pack certificate paper: 100.00

-1 mission tarpaulin (layout and printing): 500.00

-100 pcs kids toothbrush:1,500.00

-200 pcs adults toothbrush: 3,000.00

-300 pcs hapee toothpaste: 1,500.00

-2 bottles colgate PLAX 250 ml: 192.00

-2 bottles Bactidol oral antiseptic: 572.00

-2 bottles SEPTOL sterilizing liquid: 250.00

-3 packs trashbags and spit bin covers: 100.00

-1 bottle antibacterial liquid soap: 100.00

-1 bottle Lysol liquid: 300.00

-2 containers Distilled water: 200.00

SUBTOTAL: 10, 014.00

Food and Snack of Volunteers: 4,000.00 (added by the host community)

Transportation For HHF Volunteers, Supplies and equipment (Jeepney Vehicle): 7,000.00

NOTE: 1,500.00 was used for the tire repair of the vehicle due to tire puncture caused by sharp stone along the rugged road area while travelling to the mission site (used as an emergency fund). We had never anticipated budgeting for emergency fund until it happened. We never knew what incidences will happen along the way. We hope this fund will also be considered to the next mission schedules if possible.

OVERALL TOTAL:PHP 25, 334.00

1 Vehicle was sponsored by Yahweh's Grace Ministry (4x4 wheels SUV vehicle)

1 Vehicle was sponsored by Full Gospel Faith Temple (4x4 wheels SUV vehicle)

COORDINATION TO MISSION

April 6, 2017

Representatives of Full Gospel Faith temple and Yahweh's Grace Ministry Phils. Travelled to Ramot, Santol, La Union to conduct the final survey and mission coordinator to the Village leader in-charge and to fully finalize and prepare for the mission.



Mission representatives and coordinators met with the barangay chief leader Mr. Aniceto Esteban (in dark yellow shirt) at his residence.



Coordinators also visited the residence of the school head Mrs. Imelda Tamang (in yellow shirt holding the coordination letter) To coordinate for the mission venue at Ramot Primary School.



Coordinators roam to nearby villages to survey the entire place and to inform of the upcoming mission event.



Raw products of the village as the main livelihood is farming (soft broom grass, rice, sweet potato). Others move out from the village and go to work at the mining companies in Benguet and Baguio City areas.



Twin tomb: the oldest tomb type in the village



Courtesy call with the Municipal mayor Mr. Magno Waylan informing The Dental Outreach mission to take place in his area of jurisdiction.

MISSION PROPER

April 14-15, 2017



5:00 Am assembly time at Baguio City Central Fire station



group prayer before dispatch



8:45 AM Teams arrival at Municipal town proper.



Alpha, Bravo, Charlie team heading up to the mountains from the Municipal proper to reach the mission site.



8:32 AM team arrival at mission site venue Ramot Primary School.

Welcoming of the Volunteers



Breakfast of Volunteers



Preparation of Volunteers and community for the mission proper while patients are not yet arriving



Safety Forces



Arrival of patients from the community



START OF MISSION PROPER

Admission area: registration, bp taking, vital signs and forms



Patients queuing for their designated areas of care



Spiritual counseling: all patients were being prayed for before proceeding to areas of care. Religious tracks, magazines and bibles were distributed to the patients.



Dental: dental check-up, oral prophylaxis, fluoride application to children, dental extraction

General assessment: Most adult patients were being assessed and diagnosed for gingival and periodontal problems.

Children to adults do not have much dental caries observed. Gingival and periodontal problems may be associated with plaque induced due to poor oral hygiene and oral care negligence and the lack of vitamin C supplement. As we had assessed the community, almost to only a few citrus fruits were found for them to consume to aid in the prevention of gingival and periodontal problems. Although the remaining carious teeth of patients was induced by food and bacteria which were can still be restored by dental restorations. There were only few visits of dental programs to their community which at their younger ages, their teeth were not being cared by dental professionals. No dental education was also being rendered to the community causing them to have a lack to none idea of how to properly care for their oral structures. This is a place where it is a must for return for further Oral_dental care program and Education.



Wound Management and Care



Plantar laceration due to sharp metal object
Wound cleaning and dressing done. Take home wound care kit was given to the mother for home care. Medication prescribed.



ulcerated scabies



Wound cleansing and ointment application done. Take home cleansing kit and ointment was given to mother for home care. Instructions for prevention and care was advised to the mother of the patient.

Haircut and therapeutic massage



PHARMACY : Distribution of post operation medications and vitamins, distribution of free toothbrushes and toothpastes



Lunch, Snack time while at work and Dinner: Church and community volunteers served as food committee for the volunteers.



Lunch Time

Snack while at work



Dinner Time



Fun Times After work



Sunset



Note: Our Ultrasonic scaler malfunctioned due that the inner way of the water line inside the motor was clogged and we cannot use it. Dental personnel did manual scaling. Ultrasonic needs repair.

DAY 2 MISSION APRIL 15, 2017

Wake up morning from our sleeping quarters, feeling amazed with the scenic views of the mountain summits



Group breakfast: fuel up!!!!



Morning Devotion and prayer before work



Start of Day 2 mission

Admission area



Spiritual counseling



Queuing area of patients



Dental procedures



Haircut: new transformations



Massage: Relax mode



Pharmacy: medications and toothbrush with toothpaste distribution



Snack time while at work and Lunch Time



Relax modes of volunteer after the mission



Pack up and load up.



Group pictorial: Post Mission



Group prayer before dispatch



Group tour (the North's longest agricultural tramline)



Travel Back to Baguio City



MISSION ACCOMPLISHED!

Mission Overview

Ramot, Santol, La Union is located along peak mountains of La Union province which is being adjacent and nearby to boundary with the Province of Benguet. It is the highest barangay of province of La Union which its road access was high inclined with sharp curves which make it difficult for some vehicles to travel. Only strong machined vehicles can reach the place.

Main livelihood is agricultural farming (rice, less to vegetables, sweet potatoes, soft broom grasses). One of the mostly experienced problems of the residents during summer time was the water supply which is very limited to water their farms. Only during rainy seasons they could do the rice farming. Also the transportation of their products due to the far access to agricultural vehicles to deliver their goods to the downtown city of San Fernando and nearby municipalities. Also access to good transportation is very limited, most transportation that they use was the so called “ habal-habal” a motorcycle which people rides in triple tandem(equivalent to one driver and two passengers). This makes it very difficult for the residents especially during rainy seasons.

The community has a one and centralized primary school (Ramot Primary school)and it is where we conducted the mission. It has only four rooms to cater day care pupils up to grade six students. This makes it very difficult to the students that in every room, it accommodates a mixed grade students. The school also has no library and no reference e books to be used by the students for their studies. No new chairs, old typical chairs were still being used. No school clinic and emergency medical kits. Almost very less visual aids for the teachers to use for their teaching methods. This is one of the recommendation we could make as a project for this school(school supplies and improvement and additional rooms to accommodate the school children so they could learn in a comfortable environment it should be.)

The community has also a health center with a volunteer health worker. One of the main problem is the lacking of Medical- Dental supplies that needs by the people of the community (This is also another concern). The improvement of their water system that it has a very limited production of enough water during summer season.

Health concerns, most of the residents were at hypertensive situations. This may be related to the kind of livelihood they have, the types of food which were usually carbohydrate related foods, and they are less to vegetables and fruits. Dental concerns was most also were suffering from gingival and periodontal problems leading to their early edentulous. Food matters, programs and educations is being needed by the community for them to learn on how to boost up their health status, increase their knowledge on oral and dental hygiene system, prevention of the possible arise of medical and dental related problems.

We therefore recommend this place for another future missions and long-term programs for improvement and development.