

2020 ANNUAL REPORT

# Healthcare, Education and Economic Opportunity Changed Cycles of Poverty and a Pandemic in 2020



## OUR MISSION

To break cycles of poverty by creating sustainable change through healthcare, education, and economic empowerment.

## OUR HISTORY

Founded in 2015 Health & Hope Foundation is an all volunteer non-profit. We improve lives and futures of women and children who are orphaned, vulnerable and ultra-poor through healthcare outreach, free tutored education, and development of economic opportunity.

## Message from The Director:

Together we are creating sustainable changes against poverty one grateful smile at a time. Your generosity and thoughtfulness to affect these changes and improve lives of others during this difficult year is overwhelming. Unique challenges to wellness, poverty and food shortages were presented in 2020 which continue to exist due to East African border closures and economic restrictions. Through your support Health & Hope Foundation Programs have remained agile, inventive and determined. As a result, healthcare, education and economic opportunities exist today where they did not before.

Working with you is an honor.

In Gratitude,

**Loree Bolin, DDS**

Director, Health & Hope Foundation  
[www.heathandhopefoundation.org](http://www.heathandhopefoundation.org)

## 2020 At-a-Glance



**3000**  
COVID-19  
Prevention



**200**  
Orphans  
Educated



**400**  
Textbooks  
Books



**101**  
Women in  
Business

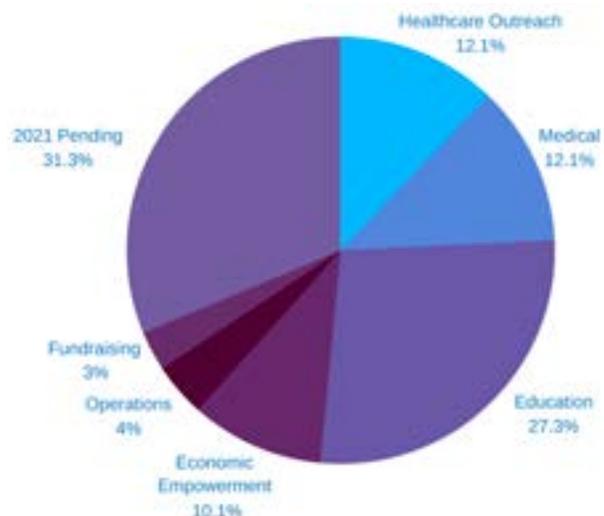
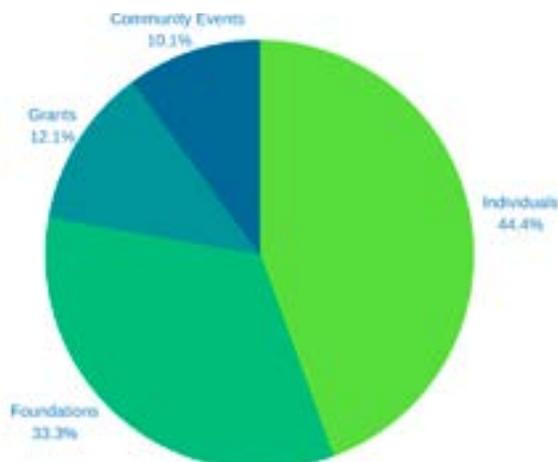


**50,620**  
Meals Provided



**\$172,145**  
Dollars Raised

## How your donations helped in 2020



# Access to Healthcare and Community Wellness

*“I sew masks for people to protect themselves against the coronavirus, and we give out soap for hand washing. I am happy to be part of the people who brings help to others.”*

Rachael Jonathan, Women’s Business Group Tanzania

## Your GIVE BIG 2020 Gifts and Leprechaun Leap 5K/10K Support provided pandemic protection.

You provided communities education, tools for wellness, disease prevention, and food for the hungry.

In 2020 quick and creative pivots were required to reach goals. In March our Woodinville Leprechaun Leap 5K/10 family wellness event became a “virtual” event but with real fun! Our Tanzanian Healthcare Outreach to the Mwanza community and the Masai of Nainokanoka Village scheduled for May, also did a quick pivot. We “worked from home” to mentor and help protect impoverished communities already challenged by malaria, HIV/AIDS, poverty, and a lack of basic healthcare from the pandemic.

Where medical treatment is scarce, prevention is the goal.

Tumaini Tutor School transformed into a construction zone/chemistry lab. Teachers led the community in hand wash education, construction of 185 portable hand wash stations, making of 100L of hand sanitizer, and screening with no-touch thermometers. Our Women’s Business Groups led the community in making masks and soap for thousands. Food poverty was a crisis. Using local networking, one month of food was provided to over 120 impoverished families as well as 250 home sack gardens planted as a further buffer against food poverty. Tumaini School was prepared as a quarantine center which, thankfully, was not needed.



**10K Winner Dr. Tim Tran of Tukwila**

Health & Hope Woodinville Leprechaun Leap 2020

**YOUR support provided the tools for health and prevention.**



# Access to Education

*"We put on the shoes and walk together, not to leave anyone behind."*

Mr. Odoyo, Teacher, Tumaini Tutor School



## Your 2019 Year End Giving funded teacher salaries for 2020

During COVID school closures, remote learning was not possible. Your support meant Tumaini teachers could maintain a regular teaching schedule by delivering lessons and study packets to students at home. With your help, and our teachers' efforts, these vulnerable children did not fall behind.

## In 2020 you helped 200 children succeed in school and life.

With your help orphaned and ultra-poor children ages 4-17 receive free tutored education at Tumaini Tutor with access to textbooks, teachers, and school supplies 6 days a week. These most disadvantaged students have many success stories!

- 100% of Tumaini 7th graders passed their National Primary School Leaving Exam compared to the National pass rate of 77%
- Tumaini School retention for primary and secondary students is 90%. (8% move, 2% join work force) compared to the national retention rate of 60%.
- Girls are attending and staying in school. Tumaini student body is 60% girls compared to a national girls secondary school attendance of only 30%.



## **Nutrition Program Expansion**

Thirty-eight underfed Tumaini orphans are now protected from malnutrition with a yummy balanced meal 6-7 days a week. Their eggs, baked good, fruit, and protein porridge are purchased from our Women's Business Groups.

## **Tumaini Tutor Scholarship Program**

The most impoverished Tumaini Tutor students lack funds for fees and supplies to attend public school. They are linked with individual Health & Hope Scholarship Sponsors. Twenty Tumaini students received scholarships in 2020. Cost is \$350 per year.

## **Tumaini Tutor Expansion**

High pass rates and student retention means we needed more room to learn. Generous donations made it possible to construct a covered outdoor classroom. This project offered excellent vocational training for the students!

# Giving Tuesday 2020

*"Now I can study longer and better. My light is so nice. It is the same as daylight!"*

Rosemary Kelvin, Tumaini Tutor School student



**WOW! With your help we exceeded our goal to give the the gift of LIGHT to 100 families who have been living in the dark.**

Families of each Tumaini Tutor student will be the first to receive solar lights. They will begin their 2021 studies with bright, safe, clear, clean, and glorious light. All are so happy to say goodbye to the dim light of dangerous, smokey kerosene!

# Access to Economic Opportunity

*“We earn well and our families are much better than before. We work well together and learn from each other. I love my work.”*

Elizabeth Gabrielle, Women’s Business Group

## Economic Opportunity for Women

Single or widowed women head of households were formerly “rock crushers” making less than \$1.50 per day, are now business women. In 2020 we grew to 70 women working in a variety of markets. Our goal is for women like Grandma Buphilli seen here with her hammer, as well as the mother and child behind her, to secure a future that includes safe and sustainable economic opportunity.

Today, because of your help, Grandma Buphilli leads in a Cooking Business.



## Women’s Business Successes in 2020



### Solar Drying

Lacking refrigeration, fish are traditionally open air dried for 1-7 days. The 15 women in Fish Business invested in two fish closed solar dryers. The result: fish that used to take a week to dry now dry in 4 hours free of insects, soil, and spoilage. This offers better taste and higher nutrition. A new market opportunity in dried vegetables is expanding their business.

### Farming Business

Purchase of an irrigation pump to bring water from Lake Victoria has increased our 16 farmers crop yields by 175%. This saves each woman 8 hours per week by eliminating the need to carry water to her field. Pumped irrigation has given them an additional growing season and the ability to add new crops. Rock clearing, soil preparation, and tilling are still done by hand.

### Poultry Business

Fifteen women are growing sustainable businesses in poultry farming. The addition of an automated egg incubator in 2020 increased the hatch rate from 45% to 95%. Broilers are sold and hens kept for laying. Eggs provide family nutrition as well as sales to Tumaini Tutor Nutrition Program and local restaurants.

## New Business Just Beginning

Masai Mama Honey in Nainokanoka Village, Ngorongoro Crater Area is a Health & Hope business group composed of men and women. This provides one of the few opportunities for Masai women to earn. It also rewards the men who empower their success. Men hang and retrieve beehive boxes from the trees (those on the ground were trampled by elephants). Honey is made by wild bees indigenous to the mountains. Women press, bottle, and sell the rich amber honey as well as beeswax products in local Masai markets and to area tourist lodges.

*“I love to have this honey business and earn for my family. Honey is good for nutrition and medicine for cough and burns too. We work in a proper way so the local mountain bees can give strength to the forest environment and conservation.”*

Eva Daniel, Masai Mama Honey





# Thank you!

You bring the change that creates smiles of hope.

Your generosity and support are deeply appreciated. Other ways you can get involved include volunteer opportunities, corporate matching gift programs, and our upcoming Fund Raising events.

- Bothell Pediatric Dentistry
- Bothell Oral Maxillofacial Implant Surgery
- Byron Dill Allstate
- Carter Subaru
- Haggen Food Pharmacy
- Retina Consultants Seattle
- Stephen Rogers, DMD
- Thai Woodinville
- Woodinville Hearing Advancement Center
- Woodinville Pharmacy
- Diane Adriaenssens
- Kelly Adsero
- Alex Agranov
- Daniel Alexander
- Craig Allen
- David Anderson
- James Anderson
- Lee Ann Anderson
- Margaret Austin
- Nancy Baldwin
- Tom and Colleen Barry
- Lori and Greg Bell
- Kelsey Bellin
- Bob Benshoof
- Lori Blahnik
- Mary Blood
- Loree Bolin
- Taylor Bolin and Olivia Lee
- Kathy and Bill Bonney
- CarmenBoone
- Alice Bossart
- Ray Bowen
- Paige Branam
- Elizabeth Brody
- Debra Bronson
- Trish Brown
- Alice Brownstein
- Brownstein Foundation
- Barbara Bryant
- Kim Bryson-Chamley
- Gabrielle Buckley
- Jan Bush
- John and Brenda Bush
- Kathleen Byrd
- Rick Carroll
- Sara Carter
- Nina Chatterji
- Jan and Dougal Chisolm
- Nathan Coe
- Tara Coffland
- Kathy Cokelet
- Phyllis and Mike Coleman
- Josh Cox
- David and Colleen Crouch
- Robert Dailey
- John Daniels
- Keri Davis
- Sandra Diehl
- Heather Dooley
- Linda and Dennis Dooley
- Monica Garcia Duggal
- Gail Dunavan
- Warren Duryea
- Shannon Dustin
- Michelle Farrell
- Jan and Larry Fichtner
- Walt Foglel
- Andrew Freeman
- Laurie Fusia
- Virginia Gately
- Greta George
- Robert Gesink
- Kiley Gianan
- Richard Gibson
- Charlie and Judi Gilmore
- Justin Goodman
- Kelsey Goodman
- Norman Goodwin
- Tammie Grande
- BonnieGreen
- JerryGreen
- Matthew Grenzner
- Pam Gullard
- Jill Haakenstad
- Linda Haavig
- Catherine Hackney
- Katy and Mark Haigh
- Denise Hall
- Keely Hall
- Ryan Hammond
- Susan Hansen
- David and Linda Harrison
- Priscilla Haskell
- Ashley Hirst
- Cheryle and Chris Hirst
- Russ Hobbs
- Julie Holden
- Kathleen Hostenske
- Mark Huber
- Bob and Bonnie Hughes
- Erin Hurr
- Mark Hussar
- Kevin Jack
- Michelle Jacobson
- Lena Jay
- Ashley Jensen
- Katherine Jewell
- Michele Johansen
- Cherry Johnson
- Dick and Teri Jones
- Judith Kane
- Michelle Karch
- Daigo Katagiri
- Marla Kaufman
- Norman and Linda Kaufman
- Janet Kim
- Gary Kimura
- Debora Kirchner
- Mark and Melinda Knight
- Peter Knudson
- Silvia Koros
- Wendy Krauss
- Akshay Kulkarni
- Laurie Kutter
- Leslee Lahey
- Sam and Lori Lake
- Wendy and Karma Lama
- Vanessa Leeper
- Kathy Leicht Gregg
- Rebecca Letwin
- Cheryl and Mike Lezovich
- Larriana Liew
- Heidi LloydPrice
- Linda Locklin
- Elizabeth Lyons
- Rory Maciaszyk
- Edward Majtenyi
- Anne Maleady
- Sabrina Mandich
- Linda Maracich
- Debbie and Michael Margolis
- Todd Marsh
- Drew Martin
- Nancy Martin
- Kerry Masterson
- Amy McCurdy
- Steven McGinley
- Maryls McLean Strom
- Valerie McWhorter and Dean Altschuler
- Anne and Mike Meiers
- Nicolas Mendez
- Gail and Danny Meyerson
- Vanda Minea
- Hilary Moore
- Francy and Jim Moses
- Karen Muelle
- Jennifer Mystlak
- Susan Nadeau
- Lori and Victor Navarro
- Pamela Norring
- Renee Novick
- Anne O'Callahan
- Tom and Jan O'Callahan
- Kim and Allen Olson
- Leeann Olson
- Tim Orlando
- Lorena Ortigoza
- Joanne Otness
- Daniel Paprocki
- Kainoa Pauole and Chris Roth
- David Peckarsky
- Gwen and Guy Piercey
- Lynne Pogue
- Becka Poppe
- Chris Poppe
- Mikel Poppe
- Joseph Potoky
- Candace Preston
- Tim and Kris Quinn
- Anthony Quirk
- James Ransdell
- Gabriele Raudebaugh
- Marissa Rhett
- Polly and Mike Richardson
- Heidi Richter
- Joel and Wanda Ritter
- Susan Rowe
- Sharon Rudd
- Jamie Russell
- Robert Russo
- Laila Saliba
- Gaile Bodwell Sarma
- Chuck and Sue Saul
- Dennis Scanlon
- Geri and Sam Schnitzer-Newson
- Lynette Schonhoff
- William Schutt
- Christine Schwald
- Daniel Seger
- Judith Sentz
- Peter Shapiro
- Kimberly Sharman
- Dan and Jana Shaw
- Johnny Shields
- Timothy Shields
- Tyler and Izzie Shields
- Cheryl Simmons
- Shanley Skillern
- Candice and Kirk Soderquist
- Robert and Truda Spiegelman
- Howard Spurlock
- Kosin Srisombat
- Chris and Molly Staehli
- Christopher Steen
- Mark Steinman
- Tina Stoeck
- CindyTaylor
- Leslye Teuber and David Albert
- DD Thomason
- Rodney Thornley
- Doug Tracey
- Mai Tran
- Mark and Katie Trumper
- Hallie Truswell
- Katy Turville
- Lash and Guila Turville
- Nanci Vaeth
- Jessa Van Dyk
- Marc Vandewalker
- Sara Venn
- Trupti Wagh
- Mike Wagner
- Lisa Walker
- Emily Ward
- Genevieve Warren
- Kailey and Tony Waters
- Nicol Weller
- Sandra Wiersma
- Claudia Williams
- Reid Winkler
- Craig and Debbie Wittenbrink
- Nicole Woo
- Don and Pam Woodworth
- Brenda Yanity
- Kristen Zackronel
- Amazon Smile
- American Dental Association
- Costco
- Truist
- Frontstream
- Facebook
- NetWork for Good